

# MIG<sup>®</sup>

## Ritual Cleansing Bar – Charcoal

*Hope & Handcrafted*  
Luxury In Every Bar...

Hands down the most effective and glorious activated charcoal bar on earth. Whether you struggle with breakouts/blemishes, oily or strange skin things that can't be explained, this nourishing cleanser has been miraculously tried and true for countless people out there who want more out of life. We actually invented this whole Charcoal Bar idea...

Quantity: 1

Price: \$29.00 Retail or  
**\$23.20 Subscribe & Save**

### Key Benefits:

- Clarify skin
- Cleanse
- Rejuvenate
- Gluten Free
- Crafted with Raw, Farm Fresh Honey
- Formulated for results & soul activation

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Storage Instructions:** Keep dry between bathing for a longer lasting bar.



### Unlock the benefits of Subscribe & Save!

- Enjoy 20% off
- 60-day money back guarantee
- No commitments, modify your order, adjust your ship date and cancel at anytime

**How to Use:** After completing step 1 in the MIG Facial Method, create rich lather, apply to face, décolletage, neck & anywhere you'd like to see transformation. Rinse thoroughly. Follow with step number 3 in The MIG Facial Method. Great for the whole body - especially blemish prone buns and back.

**Beauty Hack:** Breathe in the rejuvenating essences as you cleanse. The essential oils will enhance mood. All. Day.

**Ingredients:** Saponified Olea Europaea (Olive) Oil, Coco Nucifera (Coconut) Oil, Elaeis Guineensis (Sustainable Palm Fruit) Oil, Butyrospermum Parkii (Shea) Butter, Essential Oils, Avena Sativa (Oat) Kernel Flour, Maris Limus, Montmorillonite (French Green Clay), Bentonite, Althaea Officinalis (Marshmallow) Root, Calendula Officinalis Flower Infusion, Raw Honey from Small American Farms, Carbo Activatus, Arctium Lappa (Burdock) Root

**Active Ingredients:** Activated Charcoal – effectively cleanses the skin, unclogs pores, removes deeper impurities and dead skin cells. Helps to smooth and even skin tone, remove toxins, heavy metals and chemicals.

**Dead Sea Mud** – can reduce and remove impurities, dead skin and help dry skin.

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**Warning:** Avoid contact with eyes or flush immediately.



The MIG Method not only applies to your True Beauty Ritual, but also to the unique and proprietary way we alchemize herbs, infuse botanicals and retain vital nutrients in our products.

In my early years of becoming an herbal alchemist, people often told me, “natural products don’t work”, so I began to embark on creating a unique process that would set us apart in the natural beauty space, and I am proud to say that The MIG Method, and how we extract living active nutrients from the earth and translate them to our products, is what has delivered results to tens of thousands of people who have tried everything else. We exist to change lives so we can confidently say, Hope & Handcrafted Luxury In Every Bottle...

Welcome to Good Living...

-Jaime Cross

## *Facial method:*

Each step and product in our MIG Methods are created to work in synergy with one another. Every wildcrafted herb and fresh infused botanical is purposed to amplify and over deliver for hyper results.

After the Activation Phase, having applied your Ritual oil to your pulse points, your face will need gentle cleansing as your skin has been detoxing overnight. We formulated the face ritual to not only be non-disruptive to the skin's delicate acid mantle, but The Facial Method also supports and collaborates with the skin's own natural healing and hydration process.

**2. Cleanse** - using one of our **Ritual Cleansing Bars**, rich in herbs and essential oils that protect, gently cleanse, and nourish.

**3. Tone** - Apply **Kombucha Facial Toner** by misting onto a 100% cotton, cotton pad, moving the pad across the forehead, chin, upward motion on the cheeks, neck and décolleté. Complete this step by misting directly over the face with two shots. Toning removes residue, hydrates, and prepares the skin to receive maximum nutrients. By toning every day, your skin will be firmer, brighter, glowing, at rest, and ready for the next nutrient rich step.

**4. Restore** - Masking is one of our favorite steps in The MIG Method, necessary for a proper True Beauty Ritual. Crafted to revive, soften, clear pores, and support healing to beautify like never before.

**5. Treat** - Apply one or two shots of **Blackberry leaf serum** all over décolleté and your fresh clean face. Do not apply to your face if it hasn't been warmed and wet by cleansing and toning, as it is best absorbed and received by the skin on freshly wet skin. The Blackberry leaf serum is designed to target fine lines, wrinkles, breakout prone and lackluster skin. The herbs and botanical oils will work in tandem to support collagen production, cell renewal, and vibrancy.

**6. Nourishing Hydration** - Apply a small amount of the **Face Lotion Bar** to face and décolleté. You can either scroll the lotion bar up and swipe some off the top and massage onto face with fingers, or you can apply the bar directly to your skin. This, too, is a product you want to apply to skin after it has been wet, and freshly cleansed. The Face Lotion Bar contains a completely unique blend of essential oils and raw beeswax that locks in moisture and supports the skin's natural healing and hydration process.

**7. Amplify** - seal the deal with our **Collagen True Beauty Elixir**, inner beauty supplements and finally, the jade roller designed to force feed nutrients into your skin, activate your lymphatic system and flush toxins.

