

# MIG

MIG FACIAL METHOD STEP NUMBER 3 SOOTHING + REFRESHING

## Rose Water Kombucha Facial Toner

*Your secret weapon*  
for gorgeous skin...

Toner is an essential part of a powerful True Beauty Ritual! Although toning has been around for decades, we're not so sure everyone understands the depth and richness that the right toner can bring to your skin.

For one, toner is a soothing liquid that penetrates quickly and delivers a robust hit of hydration which in turn supports your skin's own exfoliation process. The result: plump, glowy skin that's primed to receive the next nutrient rich step in your Ritual - the Blackberry Leaf Serum & Facial Lotion Bar. Your skin truly craves these raw ingredients!

Unique Transformation - Why It's Different: Kombucha = Living Bacteria for a Living Breathing Microbiome - Not just any kombucha, but a freshly crafted house blend steeped with Direct Trade ceylon black tea sourced from small village farms in China brimming with unique and vital nutrients.

Our skin has a microbiome just like our gut and even the earth does! When you force feed living, active nutrients along with good bacteria such as kombucha, and masterfully blend it with aloe and rose water, you have a recipe for vibrant, happy, healthy, glowing, youthful looking skin... and so much more! This is also another blend of nutrients in the hydration process that your Facial Lotion Bar will lock in.

This wonderfully aromatic toner will enhance your mood while restoring balance, and nourishment. With its anti-aging and anti-irritation properties it helps support a reversal of inflammation and tightens the skin.

The little particles in your toner bottle are from the kombucha. They're supposed to be there and your skin loves them. You can call them besties.

Quantity: 1

Price: \$59.00 Retail or  
**\$47.20 Subscribe & Save**

### Key Benefits:

- Restores balance
- Tightens + Softens
- Nourishes skin
- Beautifully aromatic
- Hydrates
- Gluten Free
- Anti-aging
- Vegan

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



### Unlock the benefits of Subscribe & Save!

- Enjoy 20% off
- 60-day money back guarantee
- No commitments, modify your order, adjust your ship date and cancel at anytime

#### How to Use:

After completing steps 1 & 2 in the MIG Facial Method, mist toner over a pure cotton pad, move cotton pad across forehead and chin, upward on cheeks, neck and décolletage.

#### Beauty Hack:

After extending your Rose Water Toner across your face, swipe the same cotton pad over your Facial Lotion Bar then use to remove eye makeup.

#### Ingredients:

Rosa Damascena Flower Water, Aloe Barbadensis Leaf Juice, Kombucha (Direct Trade Black Ceylon Tea sourced from small village farms in China, Non GMO Raw Cane Sugar, Culture)

#### Active Ingredients:

##### Freshly Crafted House Blend Kombucha

**Rosa Damascena Flower Water** – has mild astringent properties, good for oily skin, prone to acne.

**Aloe Barbadensis Leaf Juice** – can soothe skin, serves as an anti-inflammatory, known for burn healing effects, scar reducing and wound healing properties.

**Kombucha** (Black Tea, Non GMO Raw Cane Sugar, Culture) - antioxidant

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#### Warning:

Avoid contact with eyes or flush immediately.

#### Storage Instructions:

Store near your sink along with all of her other pals in The Facial Method...



The MIG Method not only applies to your True Beauty Ritual, but also to the unique and proprietary way we alchemize herbs, infuse botanicals and retain vital nutrients in our products.

In my early years of becoming an herbal alchemist, people often told me, “natural products don’t work”, so I began to embark on creating a unique process that would set us apart in the natural beauty space, and I am proud to say that The MIG Method, and how we extract living active nutrients from the earth and translate them to our products, is what has delivered results to tens of thousands of people who have tried everything else. We exist to change lives so we can confidently say, Hope & Handcrafted Luxury In Every Bottle...

Welcome to Good Living...  
-Jaime Cross

## Facial method:

Each step and product in our MIG Methods are created to work in synergy with one another. Every wildcrafted herb and fresh infused botanical is purposed to amplify and over deliver for hyper results.

After the Activation Phase, having applied your Ritual oil to your pulse points, your face will need gentle cleansing as your skin has been detoxing overnight. We formulated the face ritual to not only be non-disruptive to the skin's delicate acid mantle, but The Facial Method also supports and collaborates with the skin's own natural healing and hydration process.

**2. Cleanse** - using one of our Ritual Cleansing Bars, rich in herbs and essential oils that protect, gently cleanse, and nourish.

**3. Tone** - Apply Kombucha Facial Toner by misting onto a 100% cotton, cotton pad, moving the pad across the forehead, chin, upward motion on the cheeks, neck and décolleté. Complete this step by misting directly over the face with two shots. Toning removes residue, hydrates, and prepares the skin to receive maximum nutrients. By toning every day, your skin will be firmer, brighter, glowing, at rest, and ready for the next nutrient rich step.

**4. Restore** - Masking is one of our favorite steps in The MIG Method, necessary for a proper True Beauty Ritual. Crafted to revive, soften, clear pores, and support healing to beautify like never before.

**5. Treat** - Apply one or two shots of Blackberry leaf serum all over décolleté and your fresh clean face. Do not apply to your face if it hasn't been warmed and wet by cleansing and toning, as it is best absorbed and received by the skin on freshly wet skin. The Blackberry leaf serum is designed to target fine lines, wrinkles, breakout prone and lackluster skin. The herbs and botanical oils will work in tandem to support collagen production, cell renewal, and vibrancy.

**6. Nourishing Hydration** - Apply a small amount of the Face Lotion Bar to face and décolleté. You can either scroll the lotion bar up and swipe some off the top and massage onto face with fingers, or you can apply the bar directly to your skin. This, too, is a product you want to apply to skin after it has been wet, and freshly cleansed. The Face Lotion Bar contains a completely unique blend of essential oils and raw beeswax that locks in moisture and supports the skin's natural healing and hydration process.

**7. Amplify** - seal the deal with our Collagen True Beauty Elixir, inner beauty supplements and finally, the jade roller designed to force feed nutrients into your skin, activate your lymphatic system and flush toxins.

